



BRENDA JAMES - SPEAKER BIO

A remarkable executive coach, author and energetic speaker, Brenda James has been captivating audiences with her unique combination of heart and humour for more than 20 years.

An engaging storyteller with a wealth of lived experience, Brenda has built an impressive career helping others achieve transformative change by leveraging her expertise in coaching and neuroscience.

As a published author, Brenda is committed to empowering leaders to achieve personal excellence and unlock their full potential with tangible tools.

Acknowledging that leadership is not set and forget, Brenda leads audiences through a proven four-step formula to challenge self-imposed limitations and doubts in the pursuit of clarity and empowerment. This process invites a fresh perspective for leaders to forge ahead with focus and purposeful confidence.

Whether looking to supercharge your own existing passion and drive with proven strategy for truly elevated results, or for those responsible for the development of colleagues or delegates, Brenda James is the contemporary strategic solution.



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